



# FOUNDATION NEWS

## Safety Training for Teens, Adults

### Foundation Earns Grants

The South Metro Safety Foundation is able to offer safety classes because of a \$15,000 grant from the State Farm Good Neighbor Citizenship Program and a \$2,500 grant from the E470 Transportation Safety Foundation. Those funds assist in providing safety programs for adult and teen drivers living in our community.

### Adult/Senior Driving Skills

Get ready for winter driving! This four-hour behind-the-wheel class refreshes and enhances driving skills for adults and seniors. Skills taught include skid control and recovery, emergency steering, crash avoidance techniques and threshold braking. Cost: \$60

Class Dates: Mar. 30, Apr. 7, May 11

**Supported by a State Farm Grant**

### Youth Safety Skills

A class on personal and home safety designed for teens aged 11 to 14 years old. Includes CPR/AED/First Aid certification, helmet safety, weather emergencies and cooking safety. Cost: \$85

Class Dates: Mar. 10, Mar. 19, Mar. 24, Apr. 13



### CPR/AED and First Aid Certification

A one-day class perfect for coaches, parents and other concerned citizens. Meets most work requirements. Certification is valid for two years. Cost: \$85

Class Dates: Feb. 23, Mar. 16, Apr. 24 & Private CPR classes are available to local businesses and groups

### Super Sitter Babysitting Class

Prepare your teen with information that every responsible babysitter needs to know. Class is designed for teens 11 to 14 years old and includes training in safe play, child care, professionalism, and certification in pediatric CPR/AED/First Aid. Cost: \$85

Class Dates: Mar. 10, Mar. 20, Apr. 7, Apr. 14

### Teen Crash Avoidance Driving Skills

Teen drivers receive hands-on crash avoidance instruction in a controlled environment. Skills taught in this one-day class include skid control, emergency steering, crash avoidance techniques and threshold braking. Cost: \$175

Class Dates: Feb. 16, Mar. 9, Mar. 23, Apr. 13, Apr. 27

**Supported by a State Farm Grant & Scholarships Available**

### Driver Awareness Program

An affordable, state-approved, one-day class for teens seeking their permit between 15 ½ -16 years of age. Parents are asked to attend for the first 90 minutes. Cost: \$70

Class Dates: Feb. 17, Mar. 3, Mar. 17, Mar. 31, Apr. 14, Apr. 28

### Hands-Only CPR

Hands-Only CPR is CPR without mouth-to-mouth breathing. It is easy to learn and recommended for use by people who see a teen or adult collapse. If you would like to learn this life saving skill, please join us for this one hour class. This training does not include certification. Cost: FREE

Class Date: Mar. 2

### Registration

To register for these training opportunities, visit [www.SouthMetroFoundation.org](http://www.SouthMetroFoundation.org) or call 303-805-0228.